

Strengths Based Social Skills

© SPIRITEDCONNECTIONS

Support Children
to Learn More
About
Themselves

Teach
Self-Advocacy

Support Self-
Actualisation

Help children
identify their
Strengths

Support children to
have a positive
Self-Identity

Teach **Self-
Acceptance**

Strengthen **Self-
Confidence**

Support Children's
Self-Awareness of
the resources &
tools they need to
feel safe &
successful

Provide different
tools to assist
students
**Communicating
Their Needs** in
social situations

Empower students
to utilise their
strengths to be
successful in what
they find fulfilling

Provide many
opportunities to
Feel Successful

Help students to set
their **Personal Goals**

Support
Perspective
Taking

Support Children
to Work as a
Team

Strengths Based
Approaches

Teach students &
the school
community
perspective taking
in which **ALL
viewpoints are
honoured**

Utilise **Personal
Strengths** within
different roles of
teamwork activities

Provide tool's to
assist **Regulation &
Communication**

Help develop **Clear
Boundaries** to assist
all team members
engagement

Foster
environments that
support a culture of
**True Acceptance,
Positivity & a
Celebration** of
individuals & their
unique social
Strengths

Ensure Strategies Are: Safe, Appropriate, Individualised, Meaningful & Consented to.